

# The 3rd Annual Trumansburg Rotary Club Chris Bond 5K Run/Walk & Youth Run

*Sunday October 18, 2009*

Mark your calendar, bring family and friends, and come run/walk through T-Burg!!!!

All proceeds of the race will be used to benefit the Chris Bond Memorial Scholarship Fund and Trumansburg Rotary Programs. The event will take place rain or shine. School facilities will be available. Cash prizes will be offered to the top adult finishers, medals to top student finishers, and all adult finishers will be eligible for raffle prizes. On-course and post-race refreshments will be provided.

The race will start and finish on the Trumansburg Elementary School campus. It is a **fast flat** course with a downhill finish. The course runs through the streets of Trumansburg and is on all asphalt roads.

8:30-9:45 AM	Registration
10:00 AM	5K Run & Walk begins
10:05 AM	Youth Run (12 and under only, about $\frac{3}{4}$ of a mile)
11:30 AM	Awards



**Registration Fees** - Pre-registration must be postmarked by Wednesday Oct. 14<sup>th</sup>.

Pre race 5K Run/Walk entry fee:	\$18.00
Race day 5K Run/Walk entry fee:	\$20.00
Students (18 and under for the 5K run/walk)	\$10.00
Youth run fee (ages 12 and under only)	\$5.00

Entry fee includes food, raffle ticket, a chance for prizes.

*The first 50 to pre-register will receive a T-shirt. There will be a limited number of shirts available for sale (\$12) on race day.*

**NEW OPTION THIS YEAR: REGISTER ONLINE AT WWW.ACTIVE.COM**  
**search for "Chris Bond Run" (online registrations will be charged an additional \$3.25)**

Course map is on the back of this form. For more information, visit our website: [www.chrisbondrun.infinisol.com](http://www.chrisbondrun.infinisol.com)

**ENTRY FORM: - Sunday October 18, 2009 Please Print Clearly**

_____	_____	_____	_____
Last Name	First Name	Sex	Age on race day
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_____	_____	_____	_____
Address	City	State	Zip
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Phone_____	Email_____		

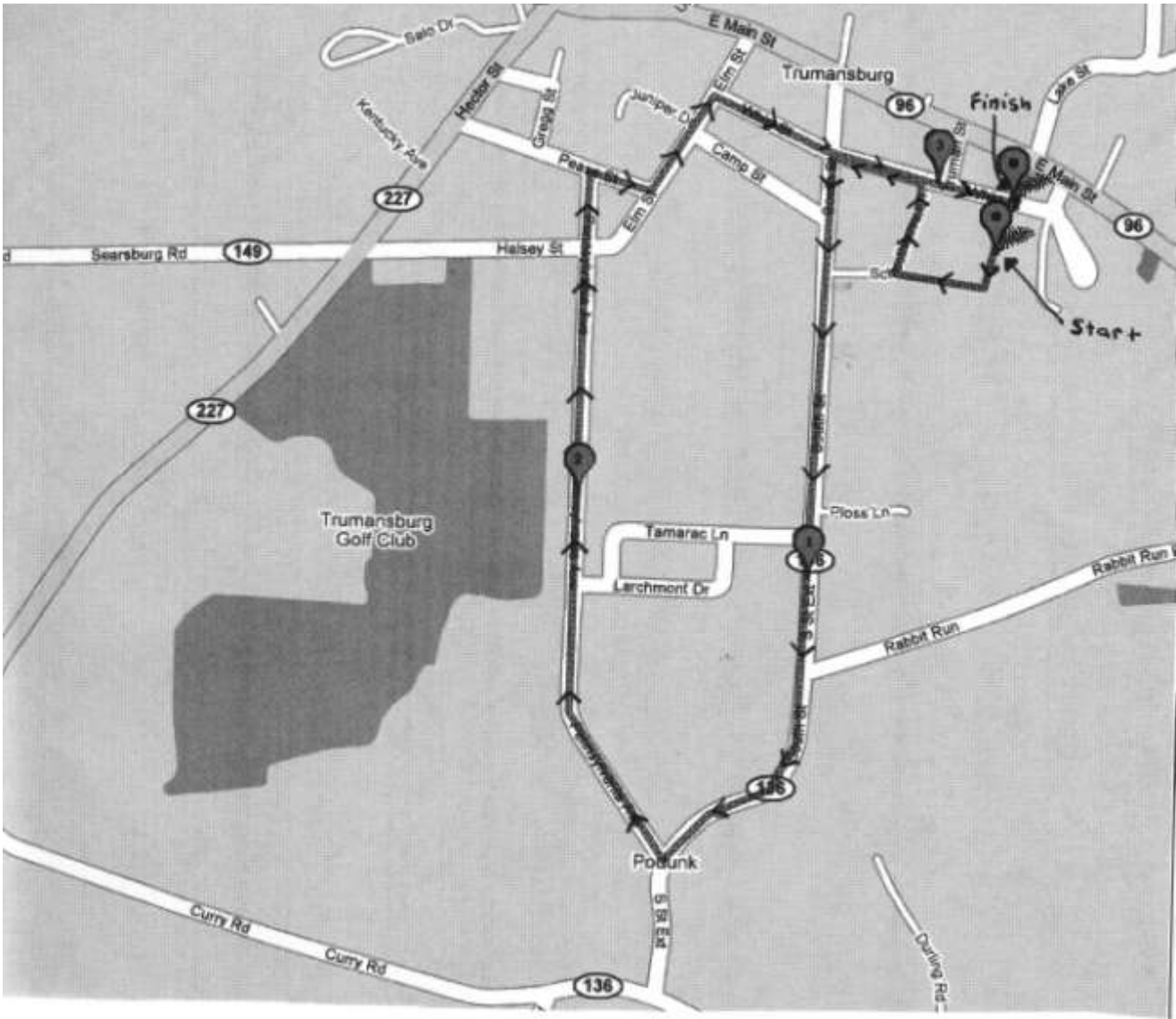
\_\_\_\_\_ Adult 5K Run/Walk, (over 18) - fee is \$18 pre-race, \$20 race day  
\_\_\_\_\_ Student 5K Run/Walk (18 & under, no raffle) - fee is \$10  
\_\_\_\_\_ Youth Run (12 & under, short course, no t-shirt, no raffle) - fee is \$5

I would like to make an additional donation in the amount of \$ \_\_\_\_\_

RELEASE: Sign waiver on back and mail with check made payable to "Trumansburg Rotary Club" to:

**Trumansburg Rotary - Chris Bond Run**  
**P.O. Box 259**  
**Trumansburg NY 14886**

**Pre-Registration must be postmarked by Wednesday October 14th**



I know that running or walking a road race is a potentially hazardous activity. I should not enter and run and/or walk unless I am medically able and have trained properly. I agree to abide by any decision of a race official as to my ability to safely complete the event. I assume all risks associated with running/walking in this event, including, but not limited to, contact with runners, falls, the effects of the weather including humidity and temperature, road conditions including traffic and the actions of motorists and adjoining landowners whether unintentional or intentional, and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release all sponsoring and affiliated parties including the race officers, race directors and volunteers, Trumansburg CSD, Village of Trumansburg, Trumansburg Police Department., Tompkins Co. Sheriff's Dept., Trumansburg Rotary, Rotary International, and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I further grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose. I also understand that all entry fees are non-refundable.

Signed: \_\_\_\_\_  
[Require Parent/Guardian Signature If Under 18]

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_